

Official Rules Each contestant must be given a copy of the rules and must complete the entry form. The rules contain information about the contest, judging and awards.

Section I - General Rules

1. The Optimist International Essay Contest is divided into two levels of competition: Club and District.
2. Contestants must enter through a local Optimist Club.
3. Contestants must compose an original essay with limited guidance from others. Webster's Dictionary defines an essay as an analytic or interpretive literary composition. Works of fiction or poetry will not be accepted.
4. All District-level contests must have a minimum of 3 contestants participating. There is no such requirement at the local Club level.
5. Optimist International will have the right to edit, publish or otherwise duplicate any essay entered into the contest without payment to the author.

Section II - Qualifications for Contestants

1. The contest is open to contestants under the age of 19 as of October 1st of the current Optimist International contest year (October 1 – September 30) and who have not yet completed secondary school or its equivalent. There is no minimum age. Contestants must enter in the District in which they reside.
2. Contestants are eligible for only one Club's essay contest during any given year. (October 1st - September 30th)
3. No individual having previously won a District Essay scholarship will be eligible to compete at any level of the competition again.
4. All contestants at each level of the contest must provide age and identification from their birth certificate or passport before participating. A copy of the document is only needed for District winners.

Section III - Contest Rules

1. Participants must write on the official contest topic.
2. Each entry must begin with a title page containing topic, number of words, writer's name, address, phone number, name of school and date of birth.
3. The official topic should be at the top of title page and at the top of page 1. (penalty of 3 pts)
4. Essays must be typed, double-spaced and single-sided. (Deduction of 5 points per each infraction – max. 15 pts.)

5. Essays must contain at least 700 words but no more than 800 words. Every word of the essay is counted. This does not include the title, bibliography, or footnotes. Hyphenated words count as 1 word. (Deduction of 5 points for each 25 words over/under limit). Words are to be counted manually.
6. Each page of the essay must be numbered starting with page 1, not the title page. The numbers must be centered at the bottom of each page.
7. Any quotations or copyrighted material used in the essay must be identified properly, using a recognized citation format. For example, identify use of a specific writer's format (such as MLA, APA, Chicago-style). Failure to identify non-original material will result in disqualification.
8. No reference can be made in the essay that identifies the contestant, parents, school, community, sponsoring Optimist Club or District. (Deduction of 5 points or fraction based on degree of identification)
9. An essay should be written in English, or it may be written in French or Spanish if the language used is accepted by the District of entry.
10. The entry must be stapled together in the upper lefthand corner. Covers of any type are not accepted.